

Tech Talk July 2019

Sydney Technical High School



FROM THE RELIEVING PRINCIPAL



END OF SEMESTER

The school is counting down the days to the Mid Year break!

It is report time, and I would like to congratulate students on the fine effort they have put into their studies. Many students have achieved excellence across the curriculum as well as consistently participating in and contributing to extra curricula programs such as SRC, Interact, Music, Chess and Sport. Week 10 is also SRC Week. The students have organised a number of events for the week including the inaugural Family Fued with staff versus students.

This break is an opportune time for students to reflect on their attitude, application, progress and performance. Time to take on board the feedback provided by teachers, act on areas of weakness and further develop areas of strength. I speak regularly on assembly to students about setting personal goals and checking in to ensure they are on target to achieving their goals and I encourage you to speak with your sons about this.



Lochie Bown compering the inaugural SRC Family Fued

MUSICALE

The school Performing Ensembles camp was attended by around 100 students across all years, and is an integral part of preparation for the school Musicale. Musicale will be held on Tuesday 2 July at 6.30 pm in the school auditorium. I do hope that you are able to attend. The evening is always great fun, and this year the P&C who are amazing at catering, have agreed to provide some refreshments for the audience at a small cost. The event is coordinated by Ms Julie Ryan, Mr Shane Gamage and members of the Creative Arts Faculty. Please come along and enjoy the showcase of our talented musicians.

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TECH JOURNALS

As you would be aware, the school publishes a journal every year to celebrate the year's highlights. We made a decision to ensure that we have longevity of access to these journals, which are currently stored in the school's archive room in the Library. Mr Alastair Steel, old boy of 1955 has spent the past six months scanning each of the Journals so that we have electronic copies. This has been an enormous undertaking and we thank Alastair for his time and attention to detail. We now have uploaded onto our school website Sydney Tech Journals starting from 2018 and dating back to 1916. We are currently endeavouring to find access to Years 1911 to 1915.

ENVIRONMENT TEAM NEWS

Georges River Council held a 'Speaking for the Planet Day' – Eric Napper, Abhay Suri, Zach Fawor, Jason Zhu, Emmanuel Takla from Year 11 attended, representing our school. The day was hosted at St George Girls High School on World Environment Day two weeks ago. The team were involved in a number of activities, including speeches and video making. Zach placed third in the Impromptu Speech Section. Zach also placed second in the Prepared Speech Section and the Team won the video section. Well done boys!

STUDENT ACHIEVEMENT

Lochie Bown, Year 12 - State Semi Finalist in the Plain English Competition. Check his speech out on Facebook if you have not already done so.

Ezzekai Okoli, Year 7 - Japanese students use the Education Perfect software to support their language studies. Ezzekai Okoli took the initiative on his own to enter the Education Perfect English Championships and has achieved a Bronze Award. Year 12 Debating Team made it through to the play-off round to make it to regionals. Sadly they did not achieve the win against Sydney Girls, their nemesis from last year.

Aidan Miu of Year 8 and Brendan Miu of Year 11 placed 2nd and 3rd respectively at the National Judo Championships last month

I would also like to acknowledge Zach Fawor's (Year 11) success on The Voice and making it through to the Knockout Rounds.

P&C EVENT

The annual P&C event that is a combined event for the families of both Sydney Technical HS and St George Girls HS will be held on Tuesday 6 August at STHS. We are very fortunate to have booked Dr Toulia Tsovolos, Child and Adolescent Psychologist, to speak to our parent communities about the social and emotional development of gifted teens and how best to support them. I do hope you can attend. See flyer on Page 5.

Diane Wilson
Relieving Principal



Some more of the stickers from our talented students. If you would like to buy any of the stickers head to the following website:

<https://pixelq-com.3dcartstores.com/>

SCHOOL CALENDAR

Term 2 - 2019

July

- 1-5 SRC Week
- 1 Musicale Rehearsals
- 1 Years 8 and 11 Parent Teacher Interviews
- 2 Musicale - 6.30pm
- 5 Term 2 ends

Term 3 - 2019

July

- 22 Term 3 resumes for Teachers
- 23 Term 3 resumes for Students
- 24 Nanzan Students Arrive
- 30 Years 9 and 10 Parent Teacher Interviews
- 30 Year 10 into Year 11 Subject Information Evening

August

- 1 Australian Mathematics Competition
- 5 Japanese Cultural Festival
- 6-7 Regional Athletics Carnival
- 9 Nanzan Students Depart

Running Group is on every Wednesday Morning

Anime Club every Monday at Lunchtime

This calendar is a general guide. Sometimes event dates change unexpectedly. For a full up to date list of school activities please refer to our calendar at any time through the Schoolstream app.

PARENT PARTNERSHIP PROGRAM

DATES FOR TERM 3

Year 7 - Tuesday 20 August
ThinkUKnow Presentation on Cyber Safety/Cyber Bullying

Year 8 - Tuesday 20 August
ThinkUKnow Presentation on Cyber Safety/Cyber Bullying

Year 9 - Wednesday 21 August
Gifted Learners and Acceleration

Year 10 - Thursday 9 August
The Triving Senior Student

Year 11 - Tuesday 3 September
Stress Management

Year 12 - Thursday 5 September
Which University?

SECOND HAND UNIFORM SHOP DATES

Term 3

13 August
10 September

Term 4

12 November
3 December
- Year 7 Orientation Day
10 December



School Stream

Download the
School Stream App
for your phone

DEPUTY PRINCIPALS' REPORT



PARENT TEACHER INTERVIEWS

We have one remaining Parent Teacher Interview for this year for Year 9 and Year 10 on Tuesday 30 July from 3.30-6.30pm in the auditorium. This will be followed by a subject selection information night on 30 July for our current Year 10 students and families about electives choices for 2020.

Please take the opportunity to meet with your son's teachers to discuss his progress. Booking requests for this final Parent Teacher interview event are to be completed online using the URL and access code which will be provided via email to all families later this week. The window for making bookings will then go live at 9am on Monday 22 July and then close the following Monday 29 July at 9am. We have professional translators available throughout each of these sessions for Cantonese, Mandarin and Korean speaking parents. With notice, we can also arrange for translator services in other languages.

SEMESTER ONE REPORTS

By term's end, all students would have received their Semester One reports with digital versions also available via the portal. In 2019, some changes have been made to the reportable content that features across the three different stage groups.

In Stage 4, Year 7 and 8 students still receive a grade result for each subject, however changes have been made to the section that now reflects their academic habits. This "Learning to Learn Profile" allows teachers to report on the thinking, study, organisation and problem solving skills that are taught and expected among our youngest students in terms of their progress along a 'working at', 'beyond' or 'towards' scale.

Stage 5 sees no changes to Year 9 or 10 with their reports still displaying both 'grades', 'percentage results' and the 'range graph'.

Stage 6 now displays a student's rank as well as their percentage result. With so many students seeking such information for their university scholarship pursuits, this latter modification has been an important one.

YEAR 10 PLANNING FOR YEAR 11

We will be holding a Year 10 into Year 11 Information Night in Term 3 on Tuesday 30 July from 6.45pm. The purpose of the event is to provide up to date information on Preliminary and HSC requirements and assist the students in choosing their subjects for 2020. The event will commence with faculties available for subject specific information in Room 5-11 until 7.15pm followed by a general information session in the common room until 8pm.

For convenience purposes also, we have programmed this for the same day as interviews to minimise parent trips to the school at a usually busy and cold time of year. All students and their parents are expected to attend.

UNIFORM

A reminder that students are expected to wear correct school uniform to school every day. If there is a reason that a student cannot wear a particular item of uniform, they are to bring a note signed by a parent to the Head Teacher Administration or one of the Deputy Principals in the morning before Roll Call/READ.

Blazers are compulsory in Terms 2 and 3 for the whole school. If students need extra warmth, then the school jumper may be worn under the blazer. Hoodies are not acceptable under any circumstances.

Sports uniform is to be worn on Wednesdays (Sport Day) and black tracksuit pants are not acceptable. Students in Year 12 who are not currently participating in school sport can wear full school uniform on Wednesdays, particularly if they have outgrown their sports uniform.

ENHANCED LEARNING EDUCATIONAL SERVICES

On Monday 3 June, Dr Prue Salter from Enhanced Learning Educational Services (www.enhanced-learning.net) ran a study skills evening with Year 7 parents and students. The evening helped families assess what changes could be made to help students work towards achieving their personal

best in an efficient and effective way. Students examined their home study environment, the way they organise and manage their resources, how to work effectively at home and deal with distractions, how to manage the workload in high school, and the steps to studying in high school: making study notes, learning the notes by testing yourself and doing as much practise as possible. Parents are encouraged to review the handout from the session with students and discuss the main areas identified where changes need to be made. Parents can also find extra study skills tips on the following website: <http://studyskillstoptipsparents.com/>. All secondary students at our school also have access to a great study skills website to help students develop their skills. Go to www.studyskillshandbook.com.au and enter the username: STHS and the password: 686success and start improving your results today!

Kirk Grinham
Deputy Principal

Melissa Burgess
Rel Deputy Principal



THE SECRET LIFE OF THE GIFTED TEENAGER

Social & emotional development of gifted teens and how best to support them

GUEST SPEAKER

Child & Adolescent Psychiatrist
Dr Toulia Tsovolos
MBBS (USYD) DCH FRANZCP CertChildPsych


join us in an information evening in understanding the mindset of a "gifted" teenager, the impact of different parenting styles and the best strategies to support and nurture them to maximise their personal growth



**SYDNEY TECHNICAL HIGH SCHOOL
ST GEORGE GIRLS HIGH SCHOOL**

COMBINED P&C EVENING

7:00PM Tuesday 6th August 2019
Sydney Technical High School
RSVP : sydtechparents@gmail.com



WELLBEING REPORT



This is our last week of Term 2. Term 3 commences on 23 July for students and it is the final term for our Year 12 students before they commence their HSC exams. It will be a busy term featuring Trial HSC exams, external assessments and submission of major works. These can all be a significant sources of stress and anxiety. It is therefore imperative during this time that the students be aware of this and access support when needed. At school, all staff are responsible for wellbeing, however we also have other staff members with specialised skills or responsibilities in this field. Year Advisers, Counsellors, Mentors, Senior Executive and myself as Head Teacher Wellbeing are all important contact personnel should students or parents wish to access support.

Our two school counsellors are available on the following days: Mr Jay Dahl - Monday, Wednesday and Friday, and Ms Polina Udachina - Tuesday and Thursday. I would like to take this opportunity to welcome Ms Udachina who has recently arrived to Tech to relieve for Ms Stephanie Lawson whilst she is on leave during Term 3. There are also some fantastic external support services available to students and their families through: www.kidshelpline.com.au, www.headspace.org.au, www.eheadspace.org.au, www.reachout.com, www.youthbeyondblue.com, and www.biteback.org.au.

MENS MENTAL HEALTH WEEK

As part of 'Men's Mental Health Week' last month, Headspace Hurstville came out to Tech during lunchtime and set up an information stall for all our students to access. The boys were given plenty of support information about Headspace's services along with upcoming community events and the opportunity to win some Headspace merchandise. The aim of 'Men's Mental Health' week here in Australia is to raise awareness about the importance of men's health and to raise the profile of men, their health outcomes and health needs around the country. Most men as we know can be stubborn when it comes to seeking external help and support for their health so hopefully this event helped encourage our boys to see that it is okay for men to ask for help.

REPORTS

The last of the reports will be handed out this week. I would like to take this opportunity to congratulate those students who have shown improvement and given their personal best in Semester 1. The Year Advisers have had conversations with individual students about academic progress and performance together with ways students can improve in each subject. A special lunch celebration will be organised by the Year Advisers for the top 20 achievers from each year group along with those students who have demonstrated important efforts to improve.

WELLBEING ASSEMBLIES

The Wellbeing Assemblies continue to be an excellent way of educating and reaching out to our boys about a diverse range of wellbeing and engagement topics which have a positive impact on their everyday lives. These presentations will be conducted by either staff, external presenters, SRC or Peer Support Leaders. The topics for Term 3 Wellbeing Assemblies this year are as follows:

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
Resilience - How to overcome adversity	Subject Selection Information session	Mental Fitness by Black Dog Institute	Year Meeting	Drug Education Australia Part 2 -	Assessments (Trial HSC)
Year Meeting	Year Meeting	Year Meeting	Cheap Thrills Brainstorm Production	Study Skills and Tips Past HSC Students and Prue Salter resources	Assessments (Trial HSC)
R U OK? Day Assembly	R U OK? Day Assembly	R U OK? Day Assembly	R U OK? Day Assembly	Assessments	R U OK? Day Assembly

ACADEMIC ADVISERS

The Year 10 Academic Adviser Day this year will be held on Monday 5 August 2019 (Term 3 Week 3). When students are asked to select their desired program of study half way through Year 10, there is often a genuine mix of students either with a clear academic/career path or those who are still unsure of what they want to do. Sydney Tech already provides detailed information around the range of different subjects on offer via the subject information booklet and our subject selection information night which will be held on Tuesday 30 July 2019 (Term 3 Week 2). The Year 10 Academic Adviser Day is designed to help Year 10 students make a more conscious and informed decision about the nature of their chosen pattern of study based on their talents, goals, experiences, interests and strengths. As part of Careers Education here at Tech, each Year 10 student will also have an opportunity to practise their “soft” (communication) skills during the interview and are encouraged to dress in business attire on the day.

Each Year 10 student has been asked to complete the online VIA Character Strength and Careers Voyage survey by Friday 5 July (Term 2 Week 10). Year 10s will then be required to fill in an academic adviser interview form with their chosen subjects along with a justification as to why they want to study these subjects in Year 11. These forms need to be completed before Friday 2 August 2019 (Term 3 Week 2) and submitted to

the Careers Adviser's submissions folder online as these documents will be used on the day. Each student has been allocated a ten minute interview with a designated member of staff (either their Year Adviser, Careers Adviser, Head Teacher Wellbeing, Faculty Head Teacher or member of the Senior Executive) whereby they will discuss their proposed subject choices based on their personal features outlined above.

Their Academic Adviser will be there to answer their questions and offer advice about their academic performance and goals with the aim that the student can enter the senior school in 2020 having had an opportunity to ask further questions and discuss their goals now knowing what is expected of them and while also clearly aware of their strengths.

We believe that this experience, focussed on student achievement, wellbeing and engagement, will be an important addition to the subject selection as we all work towards continuing to improve student outcomes for every student.

Nick Stokes

Head Teacher Wellbeing

CAREERS REPORT



Year 10 students have completed work experience and are now in the process of selecting subjects for Years 11 and 12.

They have already had a preliminary lesson with me outlining the process they will go through in this endeavour.

I will be available on the evening of Year 10 Parent/Teacher interviews to discuss any issues you might have with the process.

The process of selecting subjects is not as stressful as it seems. They do not need to know their desired career path yet and this is not a problem. In this case, they should choose subjects from a variety of faculties to have a broad range of options in the future as their ideas change.

As Michelle Obama writes "I was ambitious, though I didn't know exactly what I was shooting for. Now I think it's one of the most useless questions an adult can ask a child - What do you want to be when you grow up? As if growing up is finite. As if at some point you become something and that's the end."

The dictionary definition of life being one of 'constant change' coupled with the Federation of Young Australian report that 'it's more likely that a 15 year old today will experience a portfolio career, practically having fifteen jobs and five careers in their lifetime' (Work Smart Report, 2017) we require a careers theory that encompasses such changes.

To make sense of such trends, we need a theory that understands that life is not about choosing one career and sticking with it for the rest of our lives but being open to constant change. The theory that best takes these issues into account is the Chaos Theory of Careers (CTC) (Pryor and Bright, 2011).

A brief outline of the CTCs that people are complex dynamic open systems. Open systems are anti fragile which helps students build resistance and reassurance after facing obstacles. Dynamic open systems are constantly moving, complex and are open to other influences including chance.

It shows that careers are subject to continual and frequent change and sometimes small changes can lead to profound outcomes. A career is a complex open system that cannot be placed in a box or personality code. It emphasises not what I will be in five years time but equips the individual with the skills to survive in five years time. CTC emphasises non linearity where tiny changes might make a great difference. It is about being in the right place at the right time – to keep on taking small steps and never stop.

They have all received a 'Steps to Uni for Year 10 students' guide. This guide lists all the university courses and outlines prerequisites and assumed knowledge for each course. If your son is not at the stage of having locked in a potential profession/career, we have other strategies to assist.

All Year 10 students are required to complete a career assessment called 'Career Voyage'. By answering questions, the assessment will make recommendations to jobs of interest according to their answers. The School Identification number for this will be emailed to the students. They are also required to complete VIA Character Strength assessment which

will indicate areas of strength and weaknesses for each student. These need to be completed before the Academic Adviser Interviews on Monday 5 August.

Another useful tool is the University Admission Centres 'Subject Compass'.

<https://www.uac.edu.au/future-applicants/subject-compass>

Students enter their interests, skills or chosen career path to create a profile. The subject compass will then list HSC subjects that best match your profile. You then choose the subjects that you like and it will make sure you are ATAR eligible.

University Open days are opportunities to talk to current students and academics from a particular faculty area.

University of Wollongong: 3 August

Macquarie University: 17 August

University of Sydney and UTS: 31 August

UNSW: 7 September

With the careers newsletter 'The Oracle' now running, the majority of the advertising that each university conducts has been relocated to that medium. If you do not receive The Oracle you need to make sure your current email address is present on Sentral.

Jerry Mouzakis

Rel Careers Adviser

2019 Nanzan Cultural Visit Host Families Needed!

Don't miss this
opportunity
Sign up now!



Have a spare bed or guestroom?
We need your help!
STHS is looking for host families

When: **Wednesday 24 July - Friday 9 August 2019**
(17 days 16 nights)

Who can apply: STHS families of students in Years 8 to 11

Additional info : Gratuitous payment of **\$500** to host for 2 weeks
Gratuitous payment of **\$250** to host for 1 week

*Earn points for the Wykeham Award!

*Learn about a different culture simply just by going about your everyday life!

If interested or for further information, contact Ms Mac

Email: wendy.mac@det.nsw.edu.au

Phone: 9587 5899

ABSOLUTELY NO JAPANESE LANGUAGE SKILLS NECESSARY!!!



SCHOOL NOTICES

IMPORTANT HEALTH INFORMATION

A student in our school is currently receiving treatment which results in a lowered immune system. This means that the student is more prone to getting ill from infections. As the student is not contagious but has a chronic illness, it is important that he participates actively in the day to day school program without any major limitations. A major concern is that if this student develops measles, chicken pox, whooping cough or influenza, he could become seriously ill. It is important that we prevent this situation from occurring.

If your child has or may have measles or chicken pox, it is important that you:

1. Do not send them to school
2. Notify the School Principal as soon as possible.
3. Take them to your GP or medical centre to confirm diagnosis if possible.

SCHOOL SECOND HAND UNIFORM SHOP

The Second Hand Uniform Shop is located in Vera's Cottage. The Second Hand Uniform Shop is run by volunteers. **Volunteers are needed - please contact the office with your name and phone number.**

During the school terms, the Second Hand Uniform Shop

is usually open on the Second Tuesday of each calendar month, from 10.30am-12 noon.

The Uniform shop will next be open on **Tuesday 13 August 2019**. Come along and grab a bargain. If you have any donations of used uniform items, please send them to the Office.

CHANGE OF MOBILE PHONE NUMBERS AND ADDRESSES

If you have changed your mobile phone number, email or mailing address, please contact the school immediately so that we can update our records.

OFFICE HOURS AND PAYMENTS

The School Office is open from 8.15am-3.15pm for enquiries.

Payments by students should only be made before school, between Period 1 and 2, at Recess and at Lunch. Payments will not be taken after the bell has gone at the end of lunch.

Payments over the phone or at the front office can only be made from 8.15am-1.45pm.

Payments on Line can be made using the link in your emailed statement or via the STHS website (see below). If you would like an account statement sent to you please contact the office.

Website Payments -To make online payments, click on the 'online payment' link in the top right hand corner of the HOME page above the SEARCH box.

SICK BAY AND YOUR SON

If you receive a phone call from the office informing you that your son is unwell and in sick bay, you must attend to this promptly and collect your son as soon as possible.

Your son cannot be left in sick bay for lengthy periods of time.

VISITORS TO SCHOOL

Please be aware that it is a legal requirement for ALL visitors on school grounds during school hours to report to the School Administration Office for sign-in and sign-out.

This includes parents and caregivers.

ATTENTION PARENTS - SCHOOL ATTENDANCE AND LEAVE

If your child is absent from school, an explanation must be provided to the school **within seven school days** from the first day of any period of absence.

It is Departmental Policy that if your son needs to leave the school early for an appointment, then a letter must be brought to the school and it must be signed by one of the Deputy Principals before the start of the school day for leave to be granted.

If you reply to an SMS about your son's absence, please note his name, class and reason for the absence on the SMS.

LIBRARY REPORT



The truth is libraries are raucous clubhouses for free speech, controversy and community.

– Paula Poundstone

The library card is a passport to wonders and miracles, glimpses into other lives, religions, experiences, the hopes and dreams and strivings of ALL human beings, and it is this passport that opens our eyes and hearts to the world beyond our front doors, that is one of our best hopes against tyranny, xenophobia, hopelessness, despair, anarchy, and ignorance.

– Libba Bray

**The Charles Kingsford
Smith Memorial Library
of Sydney Technical
High School**

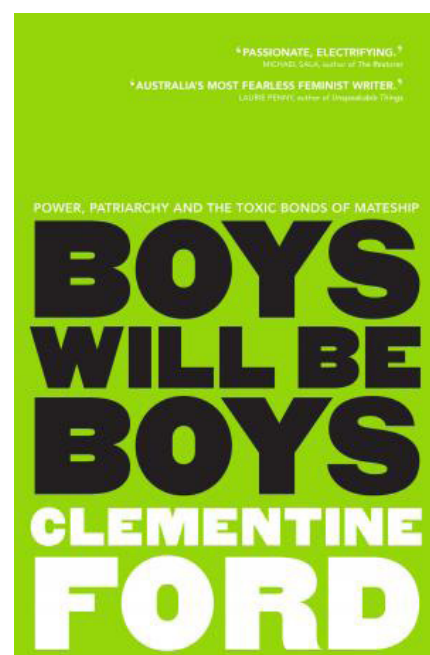
WHAT IS HAPPENING IN THE CHARLES KINGSFORD SMITH LIBRARY OF STHS

The movers and shakers in the world all attribute their success to one thing: READING! Our school has a daily READ session to allow students time to dive into a book, and with over 10,000 books in our school library, students are spoilt for choice!

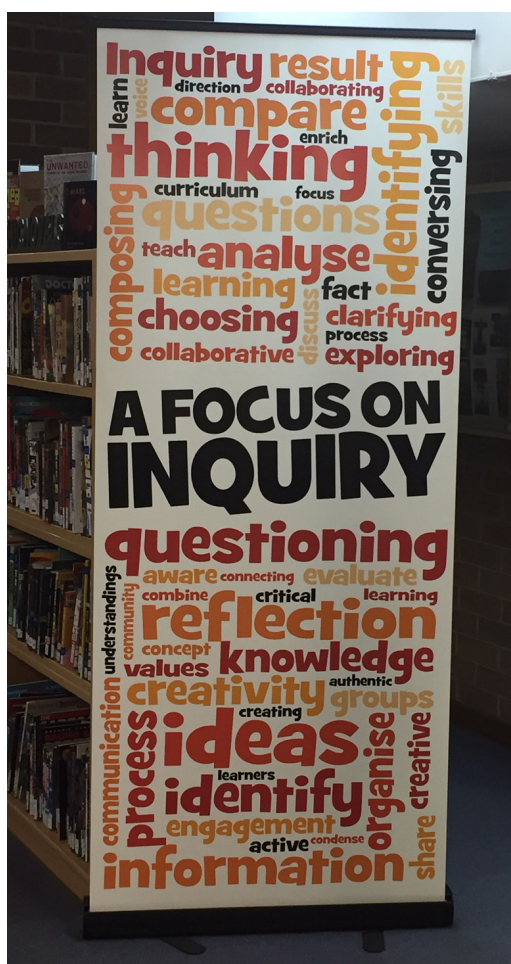
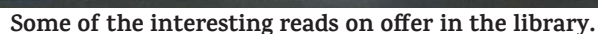
When Elon Musk, the cofounder of PayPal and CEO of SpaceX and Tesla, was asked the secret to his success, he admitted that he spends up to 10 hours a day reading – magazines, science fiction books, nonfiction books . . . Each is a springboard to innovation. I encourage all of our students to read as much as they can in a variety of topics and genres. As Bill Gates says, “We must learn about the world we inhabit before we can hope to improve or change it.”

Amongst the myriad of engaging fiction books that have arrived in the library there are also nonfiction books that can help students to get through their high school years. They each offer tools to overcome adversity and to embrace change. Parents and teachers might find some of the following texts engaging as well:

- Boys will be Boys by Clementine Ford is poignant, confronting and delves into toxic masculinity and how parents can raise better young men.
- Parents with Fortnite-mad sons will appreciate Teen Brain by David Gillespie, which discusses in depth why screens are making teenagers depressed and anxious and what to do if you think your child is hooked on social media and gaming.
- Mindset by Carol S Dweck explores how our mindset (more than our talents and abilities) brings about success. Dweck asks a series of questions to get the reader to determine if they have a fixed mindset or a growth mindset in order to help nurture the reader’s resilience needed for achievement.
- 30 Days 30 Ways to Overcome Anxiety by Bev Aisbitt explores small daily steps that a person can take to overcome anxiety. This book would be very useful to those suffering with social anxiety as well as any of our senior students, who become increasingly overwhelmed during exams and when assessment projects are due.
- Brene Brown’s Dare to Lead discusses the importance of overcoming setbacks and developing resilience. Brown, fresh off of her inspiring Netflix special on vulnerability, became a YouTube phenomenon then wrote this book as a road map for how to dare greatly in order to live bravely.



- Elizabeth Greaves**
Relieving Librarian





P&C REPORT

Upcoming Meetings

July

**Tuesday - 2 July
2019**

**Auditorium -
6.30pm**

**P&C Participation
at Musicale 2019**

August

**Tuesday - 6 August
2019**

**Combined STHS
and SGGHS Evening**

**The Secret Life of
the Gifted Teenager
Common Room**

**All Parents
Welcome**

Winter is Coming... and going - and it's almost the end of another term at STHS. The P&C is keeping warm by busily working with the school and parent community with a few exciting upcoming events.

MUSICALE 2019 – 2 JULY 2019

First of all, the STHS annual Musicale will be on 2 July and as with previous years, it will showcase the various bands, ensembles and soloists at the school.

The P&C recognise the amount of time and effort the school's music faculty have put into rehearsals, organising and managing the bands and it is our pleasure to support the Musicale by catering the event (\$1 Pizza and \$1 Drinks). I hope to see many of you at the Musicale this year supporting the bands, students and teachers who make the Musicale the special event that it is.

COMBINED P&C EVENING @ STHS – “THE SECRET LIFE OF THE GIFTED TEENAGER” – 6 AUGUST 2019

Every year, St George Girls High School P&C and our P&C host a combined P&C Evening, and every year we have a special guest speaker who we feel would be of interest for both parent communities.

This year's combined P&C meeting is on Tuesday 6 August 2019 in the Common Room at Sydney Technical High School and will feature Toulia Tsovolos as the guest speaker.

Toulia is a child and adolescent psychiatrist and has a wealth of knowledge and experience with the pressures facing today's teenagers. Her presentation “The secret life of the Gifted Teenager” will give us, the parents, an insight into the mindset of the “gifted” teenager, the impact of different parenting styles and will provide us with some strategies to support and nurture our kids to maximise their personal growth.

Please RSVP if you plan to attend this event (sydtechparents@gmail.com) - I hope you will all show your support of the annual combined P&C event.

ENTERTAINMENT BOOK

A reminder that the STHS P&C is selling the 2019/20 Entertainment Book. You can purchase either the physical or the digital version of the Entertainment Book directly via the Sydney Technical High School P&C purchasing website (www.entbook.com.au/206m530). Please share the link with your friends and family who might be interested in the Entertainment Book. Every purchase via the STHS page will help raise more funds to support the students and teachers of STHS.

CONTACTING THE P&C

Join us on the STHS Facebook page (www.facebook.com/groups/sthspandc). The email for contacting the P&C is sydtechparents@gmail.com

Please send your suggestions, queries etc to this email.

UPCOMING P&C MEETINGS - 2 JULY AND 6 AUGUST

**Warren Mak
P&C President**

Excellence in Mathematics

Congratulations to the following students in Years 7-10 who achieved at the top of their Mathematics courses in their recent half yearly examinations. Letters of commendation have been sent home to these students and they have received a bronze merit award.

Year 7: Danny Dong, Michael Hazali, Angus Khuu, Leo Lam, Steven Lin, Felix Nguyen, Henry Nguyen, Trint Ortega, Sean Van Ummersen, Damien Vu, Henry Wang, Anthony You.

Year 8: Ghassan Adra, Austin Ah-Koon, Nicholas Maratos, Anthony Nguyen, Henry Nguyen, Kaif pathan Rizu, Gene Truong, Mark Ureta, Tahmid Wasim, Thomas Wu, Jack Yang.

Year 9: Attila Cimen, Arnav Badrish, Dylan Budiharto, Nicholas Chatterton, Roy Chen, Ethan Chung, Neil Dadhich, Brian Dang, Nathan Tam, Keane Lee, Jonathan Liu, Danny Nguyen, Amin Tafach, Dean Tripathi, Ashton Tungka, Chris Wang,

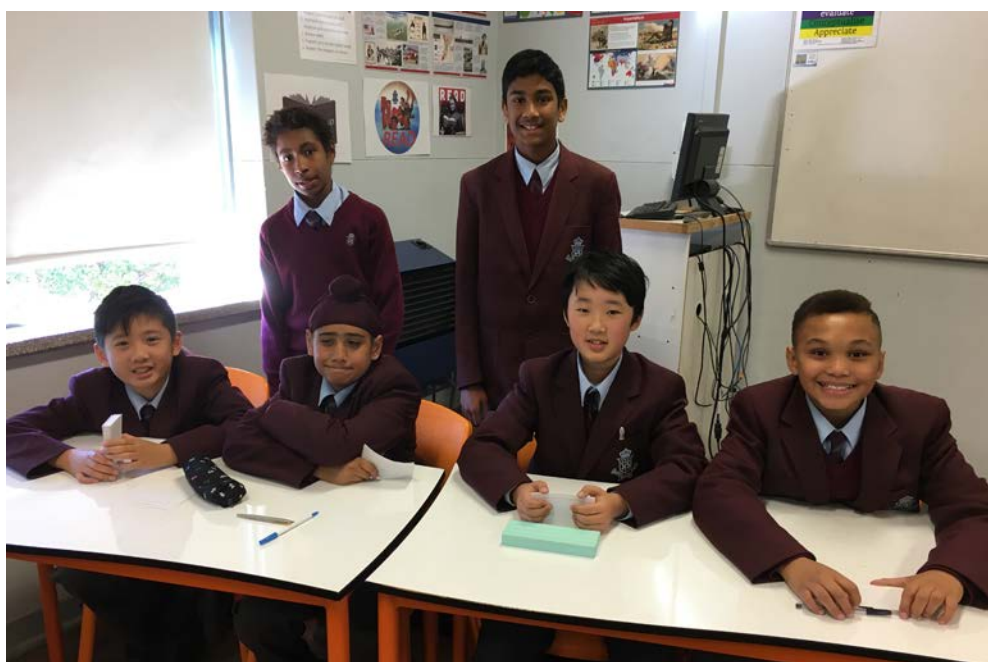
Year 10: Rayyan Hossain, Daniel Jensen, Anthony Kourtis, Eric Lin, Nathan Liu, Huy Nguyen, Jay Nishimura-Smirthwaite, Raymond Pan, Adrian Pasha, Muhamed Tafach, Matthew Zeaiter,

Well done and keep up the excellent work!

Pamela Stergiou

Mathematics Faculty

Year 7 Debating Team



Lincoln Rogerson, Ashwin Rajeswaren
Leon Gan, Jasmandeep Banga, Allen Xu, Ezzekai Okoli

Year 11 Talented Mathematics Day

Recently Sydney Tech hosted the fifth Annual Year 11 Talented Mathematics Day, featuring boys and girls from eight other local government and non-government high schools.

The day was a resounding success, the results of which are posted below.

Sydney Tech Team A (Phi Nguyen, William Zamany, Shaun Thach, Alfred Dao, and George Kekatos) placed second in the tournament, with Sydney Tech Team C (Phi Lam, Matthew Lam, Raymond Lu, Nathan Choon, Jason Lim and Jason Cho) finishing a strong 3rd and our Team B (Sagar Pathania, Vishaal Ramia Haribabu, Alvin Joseph, Tom Mihaljevic and Zihao Zhou) finishing 4th.

Congratulations to the teams from all schools, and in particular Caringbah High, who placed first and Blakehurst High School who tied in 4th place.

A warm thanks to the staff from these schools who were supervisors and markers, and to our own Mr Bromwich, Mr Trotman and Ms Anastas, the principal organisers of the day.

School	Group	Swiss	Cross	Relay	Total	Position
Caringbah HS	170	160	132	130	592	1
Sydney Tech HS (A)	135	185	112	135	567	2
Sydney Tech HS (C)	105	190	92	130	517	3
Sydney Tech HS (B)	75	225	105	90	494	4
Blakehurst HS	110	160	84	140	494	4

Pamela Stergiou, on behalf of the Mathematics Faculty





Year 10 Japanese - rain charms

In Year 10 Japanese we have studied the many festivals celebrated across Japan every year along with their customs and traditions. Last term we spent the last lesson before the holidays trying our hand at making rainy season dolls known as **てるてるぼうず** teruterubouzu in Japanese.

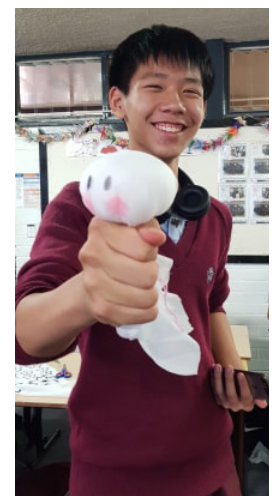
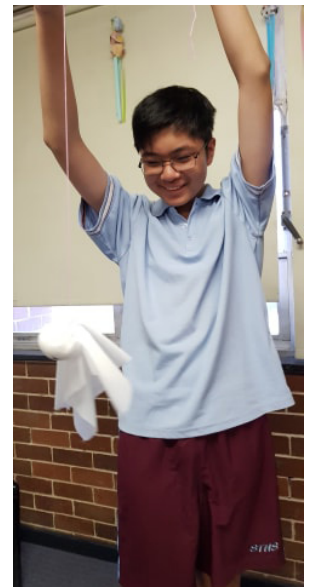
In Japan the period between June and July is known as the rainy season. This is due to the significant increase in rainfall as well as the humidity experienced during this time. Traditionally, people believed that by hanging the rain dolls around their house, it would protect them from the extremities of the weather.

In Japanese class, most of us had a go at making one for ourselves. We cut a piece of cloth in the shape of a square, stuffed it with a ball of cotton and tied a string below it. Many of us came up with very creative and interesting designs for our rainy season dolls. In addition to this, Miss Hu kindly made some Japanese sweets known as **花見団子** hanami dango for all of us to enjoy.

We definitely didn't go into sport that day on an empty stomach!

I'm sure that all of us were very satisfied. Personally, I found the activity very interesting and enjoyable. On behalf of the Year 10 Japanese class, I would like to thank Miss Hu for preparing this fun activity for our class.

Justin Chin, Year 10



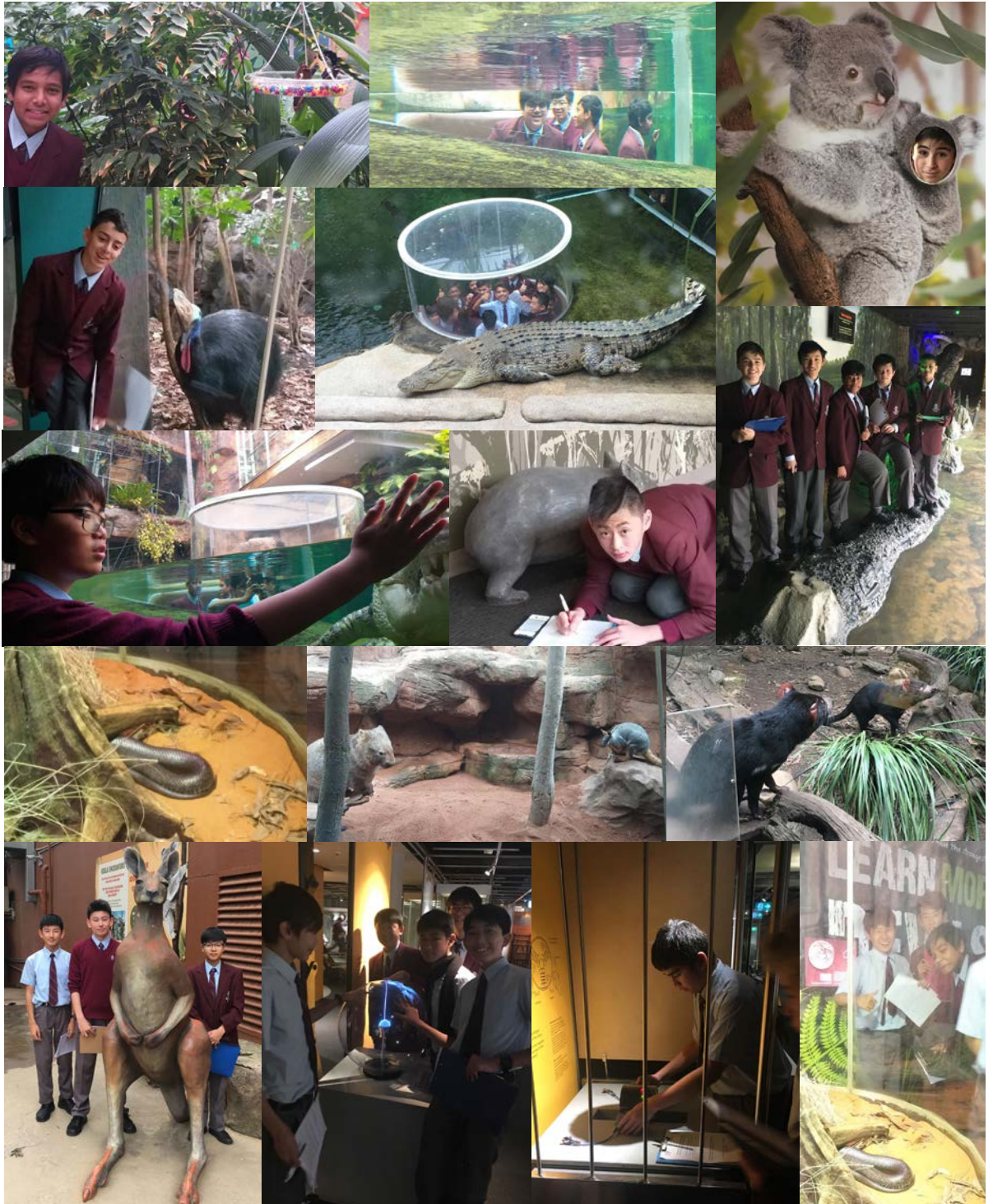
Year 8 Science to Wild Life Sydney Zoo and The Powerhouse Museum

At the start of the excursion, we were handed sheets with questions on them. There were two sections one for Wild Life Sydney Zoo, and one for The Powerhouse Museum. We went to the Wild Life Zoo first

and answered certain questions. After the zoo, we went to The Powerhouse Museum. We walked from Darling Harbour to the Powerhouse Museum.

In the Powerhouse Museum we explored five different sections. We were also required to answer questions on each section. I enjoyed the Experimentation section the most. After the museum, we collected our bags and caught the bus back to school.

Ghassan Adra





STHS athletics carnival

On Monday 3 June, STHS headed off to ES Marks Field for the annual Athletics Carnival. Our students performed very well and over 60 students represented the school at the Zone Athletics Carnival on 24 and 25 June.

Our athletes, students and teachers were captured in photos by the very enthusiastic Sydney Tech Media Team of Clement Cheung, Sumen Emaduddin Ahmed, Sadek Medlej, Emmanuel Takla and Jason Zhu.





